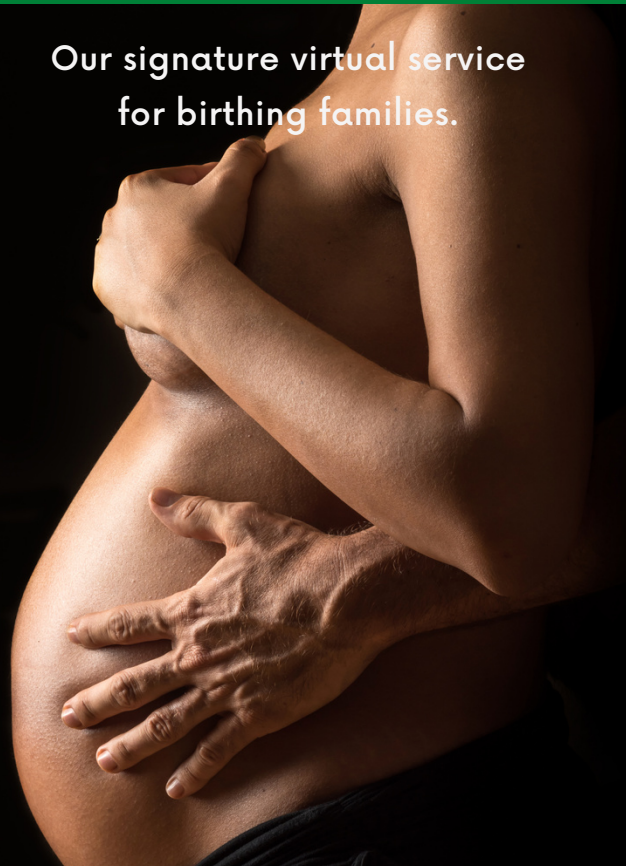


Our Mission

As full-circle doulas, we are your first support system that supports you in reclaiming your human experience. Supporting your requests that best suite your families needs is our priority. We advocate for your medical needs and desires for your designed birth plan for your personal intentions and beliefs. We provide tools & options that are aligned with your families cultural needs. We provide peace of mind.

Our signature virtual service for birthing families.



Our Services Virtual Doula Support Care Plan

What's Involved with Virtual Birth Doula Support?

Remote Consultations: Expectant parents can connect with their virtual doula through video calls for regular consultations. These sessions cover a range of topics, including pregnancy education, birth planning, and postpartum preparation.

Flexible Communication: Virtual doulas leverage various communication channels such as text messaging, emails, and online chat platforms to provide continuous support. This flexibility allows for real-time communication, answering questions, and addressing concerns.

Education and Resources: Doulas offer educational materials, resources, and evidence-based information through virtual platforms. This empowers parents with knowledge about childbirth, breastfeeding, and postpartum care.

Birth Plan Assistance: Virtual doulas assist in creating and fine-tuning birth plans, discussing preferences for labor, delivery, and postpartum care. They provide guidance on navigating various birthing options and interventions.

Emotional Support: Through virtual means, doulas provide emotional support, reassurance, and encouragement during the entire birthing journey. This can be especially valuable during labor, offering a calming presence even when physically distant.

Postpartum Check-Ins: Virtual doula support extends into the postpartum period, with check-ins to discuss the challenges and joys of early parenthood. These sessions offer emotional support, breastfeeding guidance, and assistance with newborn care.

Global Accessibility: Virtual doula support transcends geographical boundaries, allowing individuals to access the services of doulas regardless of their location. This is particularly beneficial for those in remote areas or facing travel restrictions.

Benefits of Virtual Doula Support:

Convenience: Virtual doula support eliminates the need for in-person meetings, offering convenience for both the doula and the expectant parent.

Cost-Effective: Virtual services may be more cost-effective than traditional in-person doula support, making it accessible to a broader range of individuals.

Personalized Care: Doulas can tailor their support to the unique needs and preferences of each client, fostering a personalized and individualized experience.

24/7 on-call support services from 37-42 weeks

www.oraclecannadoula.com