



ORACLE DOULA SERVICES

FULL CIRCLE DOULA FAMILY PLANNING
CANNABINOID & TERPENOID
INTEGRATION SERVICES

ACTIVE LABOR PLAN

We offer specialized
holistic birth support
for families.

My Services Include:

Labor and birthing support is more than just showing up as a caregiver during some of the most tender times, but it is also about being a partial guide for integration after your gestational experience both on a physical, emotional & spiritual level. As your active labor doula, my goal is to help provide nourishment to your body with warming meals, supply herbal support as well as lactation and latch assistance, and truly show up for you with whatever your needs may be to help ease the postpartum healing process.

My active labor services are full-circle and tailored to fit your needs whether you are celebrating bringing in new life or grieving the loss of one.

-Megon Bee



Active Labor Doula Support Services

Fast or long active labor is when you need to be supported mentally, physically, and emotionally. As you are focused on bringing a healthy life force to this earthside, I focused on maintaining your highest vibrations and advocating for medical desires and beliefs.

Cannabinoid & Terpenoid Integration Pain Management

Guided plant based herbal solutions for pregnancy related symptoms including nausea, migraines, mood-swings, insomnia, aching muscles, joints, and inflammation. Dosing Tolerance Chart and product samples included with postpartum package.

Fertility Doula

For clients just beginning their conception journey, a fertility doula provides evidence-based information on tracking and charting fertility as well as holistic resources to support you along the way. Your fertility doula is nonjudgmental and always in your corner.

**24/7 on-call support services
from 37-42 weeks**

Standard Active Labor Package

Two prenatal visits (about 2 hours in length) that include birth plan formation as well as teaching you coping skills to help during labor.

Birth preparation herbal support

Organic & Botanical Pain Management Solutions

Information on physical and mental preparation for pregnancy, labor, and the postpartum period to include nutrition, exercises.

Unlimited online, phone & email support for weeks 37-42.

Meal Planning & Grocery Shopping List Assistance

**Having prenatal
& labor support is
not a luxury, it is
a necessity.**