



ORACLE DOULA SERVICES

FULL CIRCLE DOULA FAMILY PLANNING
CANNABINOID & TERPENOID
INTEGRATION SERVICES

VIRTUAL DOULA SUPPORT PLAN

We offer specialized holistic birth support for families.

My Services Include:

Labor and birthing support is more than just showing up as a caregiver during some of the most tender times, but it is also about being a partial guide for integration after your gestational experience both on a physical, emotional & spiritual level. As your virtual support doula, my goal is to help provide nourishment to your body with warming meals plans, supply herbal support as well as lactation and virtual latch assistance, and truly show up for you with whatever your needs may be to help ease the postpartum healing process.

My virtual doula support services are full-circle and tailored to fit your needs whether you are celebrating bringing in new life or grieving the loss of one.

-Megan Bee



Virtual Doula Support Services

Fast or long active labor is when you need to be supported mentally, physically, and emotionally. As you are focused on bringing a healthy life force to this earthside, I focused on maintaining your highest vibrations and advocating for medical desires and beliefs all virtually.

Our signature virtual service for birthing families! Includes unlimited virtual support during your labor and birth, plus:

Just like our usual in-person doula services, we will help you feel supported, cared for, and prepared as you approach the birth of your little one. We look after your emotional journey, something no one else on your care team is focusing on. We provide support leading up to labor, during your birth, and in the first weeks with your little one, offering you the best care during your birth and bonding experience.

24/7 on-call support services from 37-42 weeks

Standard Virtual Doula Support Package

- Monthly video chat support sessions from hire until 36 weeks
- Weekly video chat support sessions from 36 weeks until birth
- Birth Basics class (private class via Zoom)
- Creating your birth plan: support and guidance
- Virtual support of labor, birth, and the immediate postpartum
- Lactation/feeding resources support
- Check-in appointment at 6 weeks postpartum
- 24/7 communication with your doula

Having prenatal & labor support is not a luxury, it is a necessity.